

Kids Routines & Chore Charts

Morning and evening routines, chores and reward charts

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01 Agree on the routine together

02 Tick off each step

03 Earn stars for a reward

For children aged about 4–10.

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Morning routine

Every morning I...

- ☐ Get out of bed
- ☐ Go to the toilet and wash hands
- ☐ Get dressed
- ☐ Eat breakfast
- ☐ Brush my teeth
- ☐ Brush my hair
- ☐ Pack my school bag
- ☐ Shoes and coat on
- ☐
- ☐
- ☐
- ☐

Notes