

100 Screen-Free Activities for Kids

Easy, low-cost ideas for rainy days, sunny afternoons, quiet evenings and every "I'm bored!" in between.

E-BOOK • US LETTER

- 100 ideas in 10 categories
- For ages 3 to 12, mostly free
- Activity jar slips and bucket list

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Always supervise children according to their age and abilities, especially near water, heat, sharp tools, small parts and cooking. Adapt each activity to your child and your space.

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